

Hair Extensions Aftercare Guide

Thank you for choosing K Couture for your Toppers, Wigs and Extensions! To ensure your new extensions maintain their luxurious look and feel, it's important to follow a proper aftercare routine. With the right care, your extensions will stay beautiful and last longer.

Washing Your Extensions

Frequency - Wash your extensions no more than 1-2 times a week to prevent over-stripping natural oils.

Products - We recommend using our own range of products that have been specifically formulated by us to look after your hair with hair extensions in. They are perfectly balanced to avoid drying, keeping your hair healthy and soft.

Technique - Gently detangle the hair with a wide-tooth comb before washing. Use lukewarm water and avoid rubbing the hair. Instead, lightly massage the shampoo down the lengths of the extensions.

Rinsing - Rinse thoroughly to ensure no residue is left behind.

Drying Your Extensions

Towel Drying - Gently pat your extensions with a microfibre towel or an old T-shirt. Avoid rubbing, as this can cause tangling and breakage.

Air Drying - Whenever possible, let your extensions air-dry naturally. If you need to use a blow-dryer, use a low-heat setting and apply a heat protectant spray like our K Couture Leave in Treatment.

Styling Tips

Heat Protection - Always apply a heat protectant before blow drying or using styling tools like straighteners or curling irons. Keep the temperature under 180°C to prevent damage.

Brushing - Use a soft bristle brush or a loop brush designed for extensions. Start at the ends and work your way up to minimize stress on the bonds, base or wefts.

Hair Products - Avoid heavy or oily styling products near the roots, as these can weaken the bonds. Lightweight, non-greasy serums are ideal for adding shine.

Sleeping with Extensions

Braiding - Before bed, gently braid your hair or secure it in a loose ponytail to prevent tangling.

Pillowcases - Use a silk or satin pillowcase to reduce friction and keep your extensions smooth and tangle-free.

Swimming and Exercise

Swimming - Chlorine and saltwater can dry out and damage hair and extensions. Wear a swim cap or keep your hair out of the water when swimming.

Post-Swim Care - If your extensions do get wet, rinse them immediately with fresh water and apply a deep conditioner like our K Couture Nourishing Treatment Mask.

Exercise - Secure your hair in a ponytail or bun during workouts to minimize tangling.

Maintaining Your Extensions

Regular Maintenance - If your extensions are professionally installed, follow your stylist's advice on maintenance appointments to ensure they remain secure.

Deep Conditioning - Treat your extensions to a deep conditioning mask like our K Couture Nourishing Treatment Mask every two weeks to keep them hydrated and soft.

By following these tips, you'll keep your extensions looking as stunning as the day you got them. If you have any questions or need further advice, don't hesitate to contact our team at K Couture. We're here to help you feel confident and beautiful every step of the way!